



Mobile Phone Use Policy for Commercial Motor Vehicle Drivers

While operating a commercial motor vehicle (CMV), mobile phone use (with either with a personal or company-issued phone) by company employees shall be subject to the following restrictions:

- 1) The mobile phone must have a hands-free method of operation. This can include, but is not limited to:
 - a. a blue-tooth headset;
 - b. a vehicle-integrated communication system; or
 - c. a mobile hands-free speaker/microphone device.
- 2) Before commencing travel, the mobile phone must be configured so that it can receive and make a call either through voice activation, or with the push of a single button.
- 3) The mobile phone must also be located either on the driver, or within easy reach (i.e. affixed to the dash, visor, driver's-side seat, etc.)
- 4) If the phone is going to be used as a GPS device to provide travel or mapping directions, it must be set up and running before commencing travel.

Unless the driver pulls off the road and parks in a safe location, drivers are prohibited from:

1. sending or reading text messages or photos;
2. taking or viewing photos;
3. manually dialing a phone number;
4. looking up a contact number in the phone's directory;
5. manipulating the GPS phone function in any way; or
6. browsing the internet, or using any other phone application beyond taking and receiving calls.

If a driver pulls off the road and parks in a safe location to engage in any of these mobile-phone related activities, they must note it in their travel log. In the case of making a phone call, the driver may commence driving again while they are still on the call, as long as a hands-free device is used.

